

November 2016

Dear Sister in Christ,

“There have to be times to sit and wait for the fullness of God that replenishes body, mind and soul ... there has to be time for the fullness of time, or time is meaningless.”

*Sacred Rhythms* by Ruth Haley Barton

Our annual women’s reTREAT will help you step out of that “noise and confusion” and leave the treadmill of expectations and pressures of daily life and ministry behind. It is a time to restore your soul (and body!) and replenish your spirit; it is a time to be nurtured and cared for by other sisters in Christ. *As women who are involved in leading and serving, we need the body of Christ and the nourishment of loving sisters sharing, praying and holding one another accountable just as much as any of those God calls us to serve.*

Because many of you requested it, our upcoming reTREAT will be extended to a full weekend. We will meet on February 3-5, 2017 at the Camp CONNRI Lodge and Conference Center, in Ashford, CT. This conference site, operated by The Salvation Army, is situated on 272 acres of rolling hills, and overlooking a pristine 50-acre lake. Our reTREAT is **for any woman who is currently serving in her church or organization**. This will be a time to connect with sisters who have a heartbeat for Christ; it will be a time of encouragement and enrichment.

Our time together will feature a variety of elements:

1. Meaningful and inspirational **worship**
2. Special **speaker** Lucinda Secrest McDowell will be speaking at three general sessions on “Living From the Inside Out”
3. A **relaxed time of fun** to connect with old and new friends
4. Personal **quiet time and prayer**
5. Round table **discussion groups** (you can take 2!) including:
  - a. *To Counsel or Not to Counsel? That is the Question! (Helping Those Who Are Hurting)* with Sheree Harrington, LICSW (Leadership Training Class #108-Knowing When to Refer to a Professional Counselor)
  - b. *Creative Evangelism* with Karen Moniz
  - c. *Tending the Flickering Fire: Keeping Our Hearts Fueled with Hope* with Shirley Dubeau
  - d. A special talk-back session with presenter, Lucinda Secrest McDowell

I am delighted to have Lucinda Secrest McDowell as our keynote speaker for our retreat. Cindy always brings energy, encouragement and expertise to our events by preparing and professionally delivering a personal message that engages both heart and mind. A storyteller at heart, Cindy is an international conference speaker who thrives on encouraging others to find practical life help through God’s Word. She has authored over books including, *Amazed by Grace, 30 Ways to Embrace Life, Spa for the Soul, Role of a Lifetime, Quilts from Heaven, Better Together* and *God’s Purpose for You*. Her most recent publication is *Dwelling Places: Words to Live By in Every Season*. In addition to degrees from Gordon-Conwell Seminary and Furman University, she also ‘claims’ a masters in mothering four children. She has lived for over 20 years in New England. Cindy and her husband, Michael, have four children, and two grandchildren.

#### reTREAT DETAILS:

- The **reTREAT begins** Friday with dinner at 5:30 PM and concludes Sunday with lunch at noon. Come for the full weekend or attend part of the retreat. Plan to arrive between 4:00-5:00 to register on Friday. Both general sessions on Saturday and Sunday morning begin at 10:00, with breakfast at 8:00 a.m. If coming for two days, Saturday's session will end at 8:30 p.m. The full schedule will be available on our website by early January.
- We offer **discounted rates to groups** of three or more. See pricing on registration form. You do not all have to attend the same day(s) when registering as a group. Why not invite women from your leadership team to attend with you?
- **Accommodations** include twin-bed rooms, each with a private bath. *Private rooms are available for an additional \$25.* We will provide these according to availability. Linens are provided. Two handicap rooms are also available.
- Plan to **bring copies of various ministry resources to share** with fellow attendees. These could be brochures, ministry tips, planning guides, devotionals, organizational tools, speaker recommendations, etc., anything that might be of use to another women leader. The total number of copies that will be needed will be included in your confirmation letter.

#### REGISTRATION INFORMATION

- You will have several different options in which to register; as an **individual attendee**, as a **group attendee** or as a **commuter**. You will have your choice of attending the whole retreat or part of the retreat. Registration includes all meals. Please contact us if you have food allergies. See the following page for fees. Please note: *Your registration fee is transferable but non-refundable* (i.e., another person can come in your place). **January 27th** is the cutoff date for registrations. Registrations received after that postmarked date will be charged an additional \$5.00.
- Limited **scholarships** are available. Contact our office for further information.
- See the following page for fees.
- *You Can Register On-Line! You may go to our website: [www.bydesignministry.org](http://www.bydesignministry.org) where you will see a link to our registration for the reTREAT.*

A week before the retreat, you will receive a final confirmation letter with directions and additional information. If you have other concerns, please call our office at (978) 710-4455 or you may e-mail me at [1611psa@gmail.com](mailto:1611psa@gmail.com)

I'm looking forward to seeing you in February. More importantly, the Lord himself desires to encourage your heart and ministry with his strengthening presence.

*Soli Deo Gloria,*

Linda Moore  
Director  
*by design ministries*

**Let's reTREAT Together!**  
**February 3-5, 2017**

Please complete this portion and mail it (along with your registration check, payable to *by design ministries*) to: P.O. Box 571, Carlisle, MA 01741-0571) or register online at [www.bydesignministry.org](http://www.bydesignministry.org)

Name: \_\_\_\_\_ Birthday (Month/Day): \_\_\_\_\_

Address: \_\_\_\_\_

Phone: Home: \_\_\_\_\_ W: \_\_\_\_\_

E-mail: \_\_\_\_\_ Fax: \_\_\_\_\_

Church name and size (weekly attendance): \_\_\_\_\_

Denomination: \_\_\_\_\_

Title of current leadership position(s) held: \_\_\_\_\_

# of years in current position: \_\_\_\_\_

Educational background: \_\_\_\_\_

Previous ministry experience: \_\_\_\_\_

My biggest challenge in ministry is: \_\_\_\_\_

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I see God at work among our women in these areas and in these ways: \_\_\_\_\_

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*Some of this information will be given to each reTREAT participant for networking purposes, including email addresses, **unless notified otherwise***

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*Please Turn Over Page*

**Remember you can also register on-line at [www.bydesignministry.org](http://www.bydesignministry.org)**

Please choose **ONE** of the following plans (I, II, or III):

I.  I am interested in attending the **full weekend** reTREAT (staying Friday & Saturday nights).  
Your registration covers all meals for the days you are registered.

Individual Cost: **\$228**

Group Cost (3+): **\$220**

II.  I am interested in attending **Friday and Saturday** (staying overnight on Friday)

Your registration covers all meals for the days you are registered.

Individual Cost: **\$146**

Group Cost (3+): **\$138**

I am interested in having a private room. **Add \$25** to the overall cost. (Good for one or two nights)

**Group Names:** If registering under the group rate, please give the names of the other women in your group. **You can still be qualified as a “group”, even though you aren’t attending the same day(s)** \_\_\_\_\_

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OR

III.  I am interested in being a **COMMUTER** (No overnight lodging) to the retreat. Your registration includes all meals for the day(s) you are registered.

*Please fill out the following ONLY if you are coming as a COMMUTER. Please choose ONE of the following options:*

A.  **Friday, Saturday and Sunday** (full retreat, no overnight lodging)

Individual Cost: **\$170**

Group Cost (3+): **\$162**

B.  **Friday and Saturday**

Individual Cost: **\$130**

Group Cost (3+): **\$122**

C.  **Saturday ONLY**

Individual Cost: **\$80**

Group Cost (3+): **\$72**

**Group Names:** If registering under the group rate, please give the names of the other women in your group. **You can still be qualified as a “group” even though you aren’t attending the same day(s)** \_\_\_\_\_

**Please consider providing extra funds so other leaders can attend this year’s reTREAT. Any amount would be appreciated!**

Individual Registration: \_\_\_\_\_

Group Registration: \_\_\_\_\_

\$5.00 Late Fee: (If registering after January 27<sup>th</sup>) \_\_\_\_\_

Private Room Option: \$25.00 (one or two nights) \_\_\_\_\_

Scholarship Fund \_\_\_\_\_

Total \$ Amount Enclosed \_\_\_\_\_