

JOURNEY: LIVING WELL WITH GOD & OTHERS

"Because we loved you so much, we were delighted to share with you not only the gospel of God but our lives as well." 1 Thessalonians 2:8

SESSION ONE: *The Journey Within: Hidden Pathways*

My story...and yours

Our emotions matter. They are us.

STORY OF GIDEON. Judges 6-8.

Recognized his own inadequacy

Receptive to God's voice

Responded to promise of God's presence

Judges 8:4 – *"Exhausted but still in pursuit..."*

Exhausted from feelings of unworthiness (Judges 6:8)

1. Perpetually feeling "not good enough"

2. Carrying the burden of shame

3. Defining ourselves by what we lack, not what we have (2 Kings 4:1-7)

Exhausted we may be, but we're still in pursuit of the plan of God and the purposes of God through the power of God. ***"God knows our hearts, and always walks with us at the perfect pace of His comforting grace."***